



ISHWAR NEWSLETTER :MAY 12TH 2009. PRACTICAL SPIRITUALISM

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Dear friends

All spiritual religions and scriptures teach us the same things. But people are often confused when applying these teachings in their practical life. We shall discuss some of them in this newsletter.

1. DO NOT GROW IN DESIRES AND DO NOT HAVE ATTACHMENTS.

Not to dwell in desires does not mean not to do your worldly duties or fulfill responsibilities. The question is- where and how does one judge the difference between desires and requirements? We all have to earn money to pay our bills and get the things we need. Here is the key word. NEED. While we should certainly try to get what we need, but not necessarily what we WANT. There is a huge space between need and want. Need refers to our requirements of life, be it in form of health, food, clothing and other day to day things. But you cannot say you need to buy a Rolex watch! That is a WANT. A desire. Similarly, you may say that you need cosmetics, but you really need Cosmetics! READ MORE AND ALL OF IT IN OUR WEBSITE: <http://ishwarastral.com/newsletter.htm>

God bless
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