

TOTAL SOLAR ECLIPSE TODAY, AUGUST 1ST 2008

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Dear friends

Today, the Earth will experience a total Solar eclipse. Sun is in conjunction with Mercury, Moon, Ketu with Rahu in opposition. Mars Saturn and Venus are together in Leo.

ALL ARE ADVISED NOT TO LOOK AT THE SUN! THIS CAN SERIOUSLY DAMAGE YOUR EYESIGHT.

Also, DO NOT EAT NON VEGETARIAN FOODS AT ALL THROUGHOUT THE DAY.

Keep your routine life but DO NOT venture into something out of line.

Keep control over your senses and anger.

Keep away from beaches and running waters.

Be careful while driving. BE ALERT!

PRAY!!!

Try to remain indoors all the time.

Pregnant women should be clean and careful.

DO NOT try to take a trip or a journey today.

HEART PATIENTS should be watched over and be observed.

People who are mentally afflicted should also be kept under observation.

Eat only fresh cooked food.

Keep children at home, and do not let them wander.

The next couple of days are not good.

Pray and be watchful and follow the above principles.

May God bless all humanity!

My newsletter follows soon.

best wishes

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