

Newsletter August 15th 2007 From: "Rakesh Kumar" <rakesh_ishwar@yahoo.com> To: "rakesh" <rakesh_ishwar@yahoo. com> Bcc: "Abezire Brown" <abezireb@yahoo.co.uk>, "agni zotis" <agnizotis@yahoo.com>, "allan" <aramlall@aol.com>, "Amrita Dhillon" <amrita7@gmail.com>, "andreya" <andreaogleesq@aol.com>, "Anjali Maniam" <anjali. maniam@gmail.com>, "Annick ROSSI' <annickrossi5@yahoo. com>, "anushka manchanda" <anushkamanchanda@gmail. com>, "Armida J. Macri" <amacri@comcast.net>, "bala" <premasai23@gmail. com>, "Barbara" <jadebarbara@optonline. net>, "bhupesh" <gupta@seatradedxb.com>, "butto" <buttoflute@gmail. com>, "Christine Cox" <chris.cox22@yahoo.com>, "christine" <christi1123@yahoo.com>, "christine kanakis" <sunsai19@aol.com>. "chuk" <rbmus98@aol. com>, "Clifford Shulman" <cliffshul@verizon.net>, "Colleen Conroy" <fruggycolleen@yahoo. com>, "constance" <shelleycoburn@gmail. com>, "Delores Duckett" <dwduckett@yahoo.com>, "dinesh" <dmadaan@verizon.net>, "Early" <yolandaej@aol. com>, "elda" <ekallciu@hotmail.com>, "faybiene miranda" <wordzie007@aol.com>, "georgi" <colorsoflife@excite. com>, "Gloria Sannolo" <ning1963@hvc.rr.com>, "harkirat chaudhry' <harkiratchaudhry@yahoo. com>, "inder BAKSHI" <inderbakshi@hotmail. com>, "jamal" <akil8001@yahoo.com>, "janet maxwell" <janet. maxwell@empireblue.com>, "jayagopal" <sjayagopal@aol.com> "Jessica Dias" <jessicadias@hotmail.com>, "jose" <joseecamargo@yahoo. com>, "joyce" <jac817@nyc. rr.com>, "kamal" <singh_kamal@yahoo. com>, "kamal" <kamal.s. bathla@gmail.com>, "karan" <karangupta1982@gmail. com>, karunaji@msn.com, "kathy" <kdaviswbai@yahoo. com>, "khushali" <khushali216@yahoo.com>,

Thursday, August 16, 2007 1:02 AM

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Newsletter August 15th 2007 - Yahoo! Mail

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Dear Friends

Let me first update you of the latest.

<u>Today's Headlines</u> : A huge earthquake hit Peru in south America. The earthquake measured 7.7 on the ritcher scale, and left many dead and injured. Many buildings were broken and many were cracked up. A Tsunami warning was issued around the area of Panama, Peru, Mexico and some neighbouring countries.

VERY UNUSUAL: A tornado hit Ludhiana, a state of India! A tornado in India is unimaginable, and people there are not even familiar with the word tornado.

I have been advising everyone of these calamities in my earlier newsletters.

Tomorrow, the Sun and Mercury also move into Leo, in conjunction with Saturn and Ketu. This will bring Sun, Saturn, Venus, Mercury Ketu and Rahu all in close quarters and the next one month hereafter, is a very difficult situation.

On August 28th, there is a full Moon, and a total Lunar eclipse. This time too is not considered to be good for many reasons. The Moon will be under the aspect and influence of all the above mentioned planets. This planetary situation will bring some dangers and disaster to some parts of the world. Many people will get affected by this. But after all this phenomena, there would be the beginning of transformation in mankind.

For the Lunar eclipse, people are advised to pray to God, and be in spiritual thoughts throughout the day. No non-vegetarian food should be eaten under any circumstances. In fact even the vegetarian food should not be eaten during the actual eclipse time. If people could fast, it would be best. Whatever food is in the house, Tulsi (Holy Basil) leaves should be put in them to keep them from bad and negative energies. Prayers to God are a must. Not just for ourselves, but for the entire humanity.

NO JOURNEY SHOULD BE UNDERTAKEN ON THIS DAY. The thing is everyone does not know how this planetary aspect is going to affect them. To some, it may cause great harm and danger, while it may not affect some at all. Then better to be safe than sorry. August 28th is a Tuesday, the day of Mars. Since it is a weekday, and a working day, so people going out to work should take extra care when driving and take care about the food. BUT, begin the day with prayers to God.

Sincere prayers to God will certainly protect you.

Pray to whosoever you believe in, for there is only one God, and He is omnipresent. For those who would like to do a mantra, then the best is :

"OM NAMAH SHIVAYA"

Or

"OM SAISHWARAYA NAMAH" (SAI - SHWARAYA NAMAH)

There is no fixed number of times that you should do the mantra. Just keep doing it as much as you can, as long as you can inwardly pray from the deepest of your heart. God does not count the numbers, He only listen to a sincere call, from a pure heart, and He will instantly come to your rescue.

God is Love. Love all, serve all.

God bless.

Dr. Rakesh Kumar Chairman "ISHWAR" Ph: 718-429-1892 (New York) website-ishwarastral.com

Moody friends. Drama queens. Your life? Nope! - their life, your story. Play Sims Stories at Yahoo! Games.