



Re: [ishwar] * New Year Initiatives *

Saturday, May 28, 2005 12:24 AM

From: "Rakesh Kumar" <rakesh_ishwar@yahoo.com>

To: ishwar@yahoogroups.com

Hello my friends!

I am back from India, and two important aims have been achieved My book "The Cosmic Law and Astral Healing" is ready, and is going to be distributed soon in New York. The ISHWAR website is also ready and is launched. Although I need to make some changes, but you can view the website- ISHWARASTRAL.COM. You can open it through google.com. All trustees will be given a copy of the book as complimentary once it arrives It could take about a week or 10 days by the time it comes from India

Well, June is around the corner, but some changes have already taken place in the universe. The dreaded Saturn moved on may 26th into cancer, and many people will experience some changes. Some have already reported it. Venus moves on 29th may, and Mars moves into Pisces on june 3rd. These transits will affect some people who have sagittarius rising, pisces rising, and virgo rising People who have the moonsign Leo, start their seven and half cycle of Shani(Saturn) while taurus moonsign can heave a sigh of relief.

- The situation for America will be tense with Homeland security under threat.
- War situation in Iraq still scatchy.
- There may be some fires / explosions and similar hazards.
- There may be some inter- race violence.
- There will be some problems with or to the religious lobby. Bishops, Priests etc
- Between 3rd week June and 3rd week July, some new invention or electronic device will come out, which will be high tech and very useful.
- There will be some dispute and angry situation about some medical scheme or a scam.
- some Foreign country (diferrent race or religion) will become aggressive towards America.
- July 18th, Mars enters into Aries, to stay there for an unusual time, until Feb 5th 2006!!!
- Threere may be some earthquakes around!
- There may be some cyclones and flood situations around India and the sub continent.
- Jupiter enters Libra on Sept 28th 2005.

Then things change.

So friends, lets pray to the Almighty, to help us, shelter us and protect us, and peay for world peace. Once Dharnna is established, peace will prevail.

God bless

Dr. Rakesh Kumar
chairman
ISHWAR.

Rakesh Kumar <rakesh_ishwar@yahoo.com> wrote:

Hello friends,

First let me give you all some interesting news. The 501(c)(3) status from the IRS is round the corner, and very soon you will hear that ISHWAR USA INC has a non profit status.

We have a new bank account with Commerce bank in woodbridge, New Jersey. Mrs Early is looking after all that part from now on.

Kamal Singh has been very active and helpful lately, and I would like to put him in charge of our forthcoming monthly newsletter magazine called "ISHWAR VAANI" meaning, the voice of Ishwar. Or, the voice of God.

In this magazine, we will give articles about Jyotish, Yoga, Ayurveda, and other holistic healing systems. We will also have a page of

spiritual teachings from the shastras (Indian religious scriptures), and of course the monthly planetary positions and predictions. We will also be writing about health, and Astral remedies. It will probably be 5-6 pages to begin with. Apart from going to all the trustees, we will try to distribute it all over.

I am leaving for India on March 12th, and will be back by end of April. I will get my book, "The Cosmic Law and Astral Healing " printed and hopefully, it should be ready for distribution when I am back. All trustees will get a free copy. The book will be distributed all over America.

I will also get out website hoisted from Delhi, India, and you will all be informed about it.

I also intend to open a store called ISHWAR KRIPA, meaning- the grace of God. In this, we intend to provide all things connected with spiritualism, religion, Ayurveda, Yoga, all Vedic remedies, herbs, books, talismans, and natural products from India. We will import all goods from India and hope this can happen soon.

I am already doing radio programmes every thursday on WBAI, F.M. 99.5 from 2200hrs to 2300 hrs since sometime now. The programe is called "Heart of Minds" When I return, I intend to do some awareness programme at some place where we will give presentations on the Vedic sciences, Yoga, Ayurveda, Astrology, and some similar subjects. We will invite some renowned people to join us in the presentation, and some artists to perform for the function. We will also invite some VIPs for this programe.

Thats about all for now. I request all of you to kindly participate in suggestions and help regarding all this. So far, it is only brother Kamal Singh who is taking initiative. But I am sure all of you can help in some way or the other. ISHWAR has a vast vision. There is much to be done. I also intend to start a programe where we can go to schools and give some talk to children on education in human values and righteousness. I will have a meeting with some office bearers of the board of education when I come back.

Lets pray to God that Our objectives should be accomplished.

From India, I shall bring the air of the land, the wisdom of the saints, and the values of the Hindu culture, which I will be so gladly willing to share, with the folks here.

God bless.

Dr. Rakesh Kumar
Chairman
Ishwar.

Rakesh Kumar <rakesh_ishwar@yahoo.com> wrote:

My Dear friends,

This month of february has some planetary changes coming.Sun, mercury and venus already in capricorn will soon move to kumbha rasi (aquarius) and RAHU moves from aries into pisces after 18 months. While this Rahu may prove a relief to some, but it will also auger some changes for some people. Eventually in march we will have sun, mercury, Rahu, venus all in pisces. Then on april 7th, 8th and 9th the moon will also be there. This 5 planet conjunction may create some difficult situations for some people.This situation will last till may 27th.

It could indicate end of jobs for some, and health related issues could bother some. People who have kanya lagna, meena lagna and mithun lagna could get affected. Likewise, people going thru shani sade sati, mithun rasi and karka rasi will also get affected.

Sort of bill, or paperwork could become a major issue with the govt. Means of transportations could get affected too. During this time, there may be some change in foreign policies. Many people may get their paperwork done. There may be some educational changes too.

However from beginning of june, some people will already be set for the changes, and there may be some lay offs. For these people, things change from july 19th onwards. It would be better to prepare for some major changes.

The neighbouring countries around India may experience some negative happenings. India pakistan relationship may become confused and disturbed again, and India will start getting strong military forces from mid july onwards. From september 28th onwards, there will be order and

peace . America will start prospering too. But this will also be a time for justice and some law and order situation. Many changes are due to come in the world order. For good.

Lets pray to God that all should be well. Let there be peace and prosperity to all.

om shanti shanti, shanti.

Dr. Rakesh Kumar
chairman
ISHWAR

Rakesh Kumar <rakesh_ishwar@yahoo.com> wrote:

Dear friends,

To continue my predictions, lets first start with America. Some difficult situations still prevails. With Rahu ready to move lurking around the corner, some unforeseen situations will dampen the spirits. The south west quadrant of America gets affected mostly. (California?) And also some southern countries like Haiti. There may be a military situation and the downfall of the govt. Much trouble is foreseen in this country. Almost like a civil war.

In the middle east, a muslim military nation will get aggressive and there will be two major divisions in that area among some countries. The situation will get pretty hot and a sense of justice will prevail, or the act to get justice, and therefore the action.

America may withdraw from Iraq from this summer onwards. Specially from August/September

Better times for America are seen from then onwards. Progress will take place by trade.

But from september onwards, there will be change in the world order. Humanity will take a great surge towards spiritual values and start going back to the basics.

The divine hand will start the transformation in mankind. The faithless shall fall, and the true shall transcend, and seek the higher consciousness.

From the land of God, He comes forth Himself and the world shall believe, and follow the Divine master who has come to re-establish righteousness and human values and save mankind.

This coming time is the time for divine justice. Dharma will be re-established as per God's will.

God bless.

Dr. Rakesh Kumar
Chairman
ISHWAR.

Rakesh Kumar <rakesh_ishwar@yahoo.com> wrote:

My Dear friends,

With the beginning of the new year, I will first inform you of the planetary changes in the heavens. On jan 14th, saturn moves back into gemini by retrograde motion, sun moves the next day into capricorn, mars moves into saggitarius on jan 30th and rahu moves into pisces on feb.23rd. All these planets have a story to tell.

Saturn returning to gemini until may 27th 2005, then goes ahead into cancer again. Mars will be in opposition from jan 30th until march 12th. Not good for America. The govt will face difficulties, George Bush himself will be under fire and his heart may be under stress. He may also suffer from some blood related problem. Could be blood pressure. There may be some medical scam, or some diseases that will surface during this time which may be difficult to diagnose. There may be some contamination related problems.

There may be some serious problems in the homeland security, and a threat prevails!

Towards the 3rd week of march, with sun, mercury, venus and rahu all in pisces, and saturn aspecting, could be a precarious time with some foreign entry of muslim origin may cause some harm to the country. Some famous artist/ movie star/bureaucrat/politician may suddenly have some ugly end. Financial crisis in the country. Banks or financial institutions will get hit.

Mars enters Aries on July 19th 2005 and remains there for a most unusual time. It remains in Aries until Feb 6th 2006!! This 6 1/2 occupation of Mars in Aries, with Saturn in Cancer and with Jupiter entering Libra on Sept 29th 2005 is an indication of great changes to come.

I shall tell you more details next time, but the message for now is - PRAY, Do good karma, all your accumulation of wealth will not come to any help, only good karma, only faith and devotion to God will sustain us all. False will fall, truth shall prevail.

Satyameva jayate!

Om Shanti, shanti, shanti.

Rakesh Kumar <rakesh_ishwar@yahoo.com> wrote:

My Dear Brothers and sisters

If you check my previous news letter, you will see how an astrological prediction can forewarn you about some happenings and events. Read carefully and you will see what I mean. The last news letter was written in the month of August. Now I will try to keep up with the latest and keep you informed about the astral influences.

WISH YOU ALL A VERY HAPPY NEW YEAR and

MAY GOD BRING PEACE TO THE WORLD.

Dr. Rakesh Kumar
Chairman
ISHWAR.

Rakesh Kumar <rakesh_ishwar@yahoo.com> wrote:

Dear brothers and sisters,

The planet Saturn, Mars, Rahu, Ketu and Sun to some extent are natural malefic planets. But Saturn is the most dreaded of them all. Saturn takes about two and a half years to transit one zodiac sign, which is a fairly long and troublesome. Now let me tell you about the bad transits of Saturn.

The seven and a half year cycle of Saturn is the transit of Saturn over the birth position of Moon. Thus the previous house of the Moon, the birth position of Moon and the second house after the Moon sign is the total transit. Therefore, 2 1/2, plus 2 1/2 plus 2 1/2 make it seven and a half years. The effects would vary according to the aspects of Saturn over the natal planetary positions and aspects over the houses.

The other negative transits of Saturn are, Ardham Shani and Astam Shani. Ardham Shani is the Saturn transiting the 4th house from the Moon sign, and the Astam Shani is Saturn transiting the 8th house from the Moon. Saturn takes 30 years to transit the entire zodiac, and every individual generally goes through two or three Saturn seven and a half year cycles. The 3rd one generally is your last on earth.

This Saturn transit just makes life more difficult, and is a disciplining period. It's the time for hardships and to work out the results of your bad karmas. Every human being is subject to the planetary effects and no one is exempt. It is therefore very important to pray and perform all remedial measures to minimize the effects.

India incidentally, is also going through the Saturn transit, and from September onwards, there may be calamities and difficulties in the country. The

government will also have some setbacks and there will be confusions and desecrations within the parties. There will be some bad name and the tainted will come to light. There may also be some land related problems and earthquakes and some natural disasters are possible. There may be financial problems or some financial scams. Places next to water are most susceptible. However, religious faith will become stronger and some old secret traditions/sciences or faiths will surface. These two and a half years will see India go through many changes. The government had better watch out or face downfall.

In November, planets Mercury and Sun break the Kaalsarpa yoga orb finally, which has been on since mid April. Kaalsarpa yoga is a peculiar combination where all the planets are hemmed between Rahu and Ketu, and the half side of the zodiac is completely devoid of any planets. This is generally disbalancing and bad.

There are good times, there are bad times. They are both intermingled in time and age. The important thing is to recognize the trend in time to come and be prepared to face life. Prayers and faith is the most important factor. The other things are terrestrial. So lets hope and pray for the best and face life with wisdom, patience and intelligence.

God bless.

Dr. Rakesh Kumar
Chairman
ISHWAR

Rakesh Kumar <rakesh_ishwar@yahoo.com> wrote:

Dear brothers and sisters,

After quite a while, I am back with some news. This year, two major transits take place. Firstly, the planet Jupiter moved into the sign Virgo (SIDERIAL) and on september 4th, the mighty Saturn moves into the sign of Cancer. These two transits will have a major impact on people, countries and world situations.

There is no such thing as how this is going to be for the sign of cancer, or pisces, or aries or aquarius, as most people would ask. These transits affect each individual according to their planetary positions at birth. Therefore, no fixed rules of predictions.

The United States is heading for elections soon in november. The two candidates are George Bush and John Kerry. Both of them are born on a saturday. I do not have the time of birth of these two gentlemen, therefore looking from the moonsign. Kerry has the moon sign of taurus, which is in conjunction with mars and has the aspect of sun. He was born on a full moon day. This gives him an aggressive attitude and some arrogant nature. But he is also going through the seven and half year period of saturn. He is going thru the major period of mercury and the inter sub period of sun starts from 26th october. Thereafter, he will be gunning for the government.

George Bush has the moonsign of Virgo with Jupiter in conjunction. Jupiter has entered in his moonsign and saturn will be entering over his birth rising, which is cancer. This gives strength to his personality and support from within the house of parliament and an old support. He is going thru the major period of saturn, the sub period of jupiter and the inter sub period of venus starts from 26th october. The difficult period for him and America gets over from 4th september and I think he would prevail over all opponents.

Bush may encounter some personal problems during this time. He may be susceptible to accidents and injuries, particularly with bones or kidney problems. His mother will also get affected healthwise. His wife will also need attention.

For America, the worst is probably over by september. The war situation will dissolve, but only from july/august next year will the country get back on course to prosperity.

From june 2006, there will again be changes, for good, and it will be like old times again.

For general information, people who have kanya rasi,(moon in virgo) makar rasi(moon in capricorn) and mesha rasi(moon in aries) need to watch out. This Saturn becomes retrograde and comes back into gemini in january and finally leaves in june. Therefore the inetmittent period between january and june will also create some difficulties again.

All are therefore advised to do the mantra "OM SHANISHCHARAI NAMAH" on Saturdays 11 times and remain pure by thought, deed and action. Vegetarian food is a must on Saturdays. Pray for yourself and pray for humanity. LOKA SAMASTA SUKHINU BHAVANTU. OM SHANTI SHANTI SHANTI.

God bless.

Dr. Rakesh Kumar
Chairman
ISHWAR.

Rakesh Kumar <rakesh_ishwar@yahoo.com> wrote:

Dear brothers and sisters,

Today I shall tell you about Japa. Japa means recitation of the name of God, or a specific mantra. Japa is of 3 types. One is by reciting the name of God by speaking out the mantra, but which is audible to you only, and not to all around. The second type is doing the japa mentally, without speaking out. The third way is by doing the japa unconsciously, all the time, no matter what you are doing.

Usually, japa is done on a rosary of rudraksha, sandalwood, Tulsi or crystal beads. According to the Shiva Puran, Spatik, or crystal has a lot of cosmic energy. Rudraksha is very good for health as well as spirituality. The mala is generally of 108 beads. The number 108 adds up to 9, which is the highest and spiritual number.

Rudraksha or crystal mala of a smaller size is best because it is easy to do japa on them, and they can also be worn around the neck as a spiritual protection. When doing japa, it must be remembered that NEVER use the first finger, or the index finger. The japa should be done always with the thumb and the middle finger. The first finger is called the TARJANI in Sanskrit, and is considered inauspicious.

The mental japa is the best, but one can get easily distracted. Therefore it is best to start with the audible japa, and after a few days practice, the mental japa can be done. When doing the japa, do not concentrate on the number of beads passed, but on the name of God. When you reach the 108th bead, there is usually a clump, or an extra big rudraksha so that you can feel it when you come to it. This way you know when one round of japa is complete. The mantra for japa is usually given by the Guru, but one can do any mantra which has the name of God. Some of the Japa mantras are -

" OM SRI SAI RAM"
"OM NAMAH SAI SHIVA"
"OM NAMAH SHIVAI"
"HARE KRISHNA"
"OM NAMO NARAYAN"
"OM NAMO BHAGVATE VASUDEVAI NAMAH"
"OM GANG GANAPATI NAMAH"
"OM MAHA GANAPATI NAMAH"
"OM SHRIM MAHALAKSHMI NAMAH"

Some times you may be required to do some special mantra japa, which can be of five or six lines. ex- "OM TAD VISHNUM PARAMAM PADAM SADA PASHYANTI SURYA DIVIVAH CHAKSHURYA ATA TAM" or - DEVANANG CHA RISHINANG CHA GURUNG KANCHAN SANNIBHAM, BUDDHIBHUTM TRILOKESHAM TAM GURUM PRANAMAMYAHM." These kinds of japa mantras are usually prescribed by a Guru. For spiritual purposes, one can choose any simple mantra. It is best for all to do some mantr japa daily for 5-10 minutes. This will not only eradicate some bad karmas, but also bring you closer to God. Mantra japa is indeed very powerful!

God bless.

Rakesh Kumar
Chairman
ISHWAR

Rakesh Kumar <rakesh_ishwar@yahoo.com> wrote:

Dear Brothers and sisters,

Here is a very good story, which actually happened.

The professor of a university challenged his students with this

> question. "Did God create everything that exists?" A student answered bravely, "Yes, he did".

> The professor then asked, "If God created everything, then he created evil. Since evil exists (as noticed by our own actions), so God is evil. The student couldn't respond to that statement causing the professor to conclude that he had "proved" that "belief in God" was a fairy tale, and therefore worthless.

> Another student raised his hand and asked the professor, "May I pose a question? " "Of course" answered the professor.

> The young student stood up and asked : "Professor does Cold exists?"

> The professor answered, "What kind of question is that?...Of course the cold exists... haven't you ever been cold?"

> The young student answered, "In fact sir, Cold does not exist. According to the laws of Physics, what we consider cold, in fact is the absence of heat. Anything is able to be studied as long as it transmits energy (heat). Absolute Zero is the total absence of heat, but cold does not exist. What we have done is create a term to describe how we feel if we don't have body heat or we are not hot."

> "> And, does Dark exist?> "> , he continued. The professor answered "Of course". This time the student responded, "Again you're wrong, Sir. Darkness does not exist either. Darkness is in fact simply the absence of light. Light can be studied, darkness can not. Darkness cannot be broken down. A simple ray of light tears the darkness and illuminates the surface where the light beam finishes. Dark is a term that we humans have created to describe what happens when there's lack of light."

> Finally, the student asked the professor, "Sir, does evil exist?" The professor replied, "Of course it exists, as I mentioned at the beginning, we see violations, crimes and violence anywhere in the world, and those things are evil."

> The student responded, > "> Sir, Evil does not exist. Just as in the previous cases, Evil is a term which man has created to describe the result of the absence of God's presence in the hearts of man.

> After this, the professor bowed down his head, and didn't answer back.

> The young man's name was ALBERT EINSTEIN.

God bless.

Dr. Rakesh Kumar

Chairman

Ishwar

Rakesh Kumar <rakesh_ishwar@yahoo.com> wrote:

Dear Brothers and sisters,

Today, I shall tell you about Yantras. Yantras are sacred inscriptions made on copper plates. The inscriptions are as per the Vedic directions. They may have some geometrical patterns in them, along with the mantras. Some yantras have numbers and some figures inscribed. Yantras are sacred talismans that are worn on the body after mantras and special prayers are offered. These yantras then act as a protective charm for the wearer, and also gives good result all around. The important thing is to know which yantra is to be worn. Yantras can also be kept at the prayer altar in the house.

Some popular Yantras are - MAHAMRITYUNJAYA, MAHALAKSHMI, SHRI YANTRA

GANAPATI YANTRA, NAVGRAHA YANTRA, INDIVIDUAL YANTRAS FOR ALL NINE PLANETS, BAGALA MUKHI YANTRA, KUBER YANTRA and many such more.

In the great Hindu epic Mahabharata, there is a story about Karan. Karan was a prince, who had promised loyalty to the Kauravas (the unethical) and Arjuna was one of the Pandavas (the righteous) But Karan had a special Kavacha (yantra) which he used to wear all the time. It was known to all that he was blessed because of that Yantra, and no one could defeat him or kill him. The Pandavas then thought of a strategy of somehow taking away that Yantra from Karan. Karan was known to be a very generous donor, and he could never refuse anybody for anything. So when Kunti, Arjuna's mother asked him for the Kavacha, he gave it away. Only after he parted with the Yantra, could Arjuna defeat him. So you can imagine the great power of the Yantra.

Yantras act upon the person just like the gemstones. They can do great good to the wearer and protect him from many evils. They become like the powerhouse of the Gods. Of course, to wear a particular yantra, there are certain procedures, times, and prayers and mantras to be observed before wearing them. Even after wearing them, one has to be careful about certain do's and don'ts. Yantras are very sacred and spiritual.

It would be a good idea for one and all to have the prescribed yantra, for it will do only good to the wearer. Another thing is that these Yantras made out on copper plates are not expensive, and so everyone can afford to have them. Mantras for that yantra have to be done everyday to empower it. Then you may keep it in the house for good luck.

If anyone is interested about the yantras, I will be glad to guide them as per their horoscope. Just send me your birth details.

God bless.

Dr. Rakesh Kumar (Ph.D)

Chairman

ISHWAR

Rakesh Kumar <rakesh_ishwar@yahoo.com> wrote:

Hello friends!

This month of June is quite interesting. Since 3rd June, mercury moved into vrishabh raasi, and out of Rahu's orb. Then from 15th June, Sun moves into Mithuna raasi, and joins Shani there. Mars on that very day, moves out into Cancer, thankfully, otherwise this Sun- Saturn-Mars conjunction would have created havoc. The full moon was on 3rd, and the major event is on 8th June, when Venus comes closest to the Sun. Both of them will be in Taurus, and exactly 23 and a half degrees.

There is a lot of speculation on this event which is taking place after some 120 years. This phenomena is good for spiritual aspirants, and bad for materialistic people. By spiritual aspirants I do not mean all those monks sitting in the caves and mountains! I mean - you, and you, and every one of you who is a good soul and a divine seeker. Spiritualism is a way of life, which is simply following the commandments in daily life. Our beloved Swami, Bhagwan Sri Satya Sai Baba has made things even more easier by showing us the clarity in Dharma. All we need is to follow.

Coming back to this event of Sun-Venus conjunction at close quarters, it can be bad for some glamour related fields, it may affect some royal families, and politicians. it may affect some transportation modes and dangers from them, it may disturb peace and harmony in some people's lives and may affect some women folk. Some countries will also get affected by this. America, Europe, Australia, England etc will be under this influence. No, don't worry, no bomb will fall in these countries, but there may be explosions or fires.

For the divine seekers, they will be now able to gain control over their desires and physical pleasures. They can gain higher knowledge and overcome maya.

MIND YOU, THIS WILL NOT KEEP HAPPENING FOR THE REST OF YOUR LIFE. THE EFFECT WILL PROBABLY LAST FOR 3 MONTHS AT THE MOST.

(I can almost hear some of you heave a sigh of relief!)

I suggest that all of you recite the Gayatri mantra 21 times on 8th June, or another mantra that I have formulated is - ' OM SRI SAI, ADTYAI NAMO NAMAHA' 21 times.

May God bless the entire humanity.

Dr. Rakesh Kumar
Chairman.

Rakesh Kumar <rakesh_ishwar@yahoo.com> wrote:

My Dear Brothers and Sisters,

Its been a long time since I wrote. The country's elections and politicians have kept me busy. Even tomorrow, someone from the parliament is coming to see me about the country's political future. These things are a part of life, and must be attended to.

Today, I shall tell you about Mantras. Mantras are sacred verses from the ancient Hindu scriptures, that were written by the saints. There are many kinds of Mantras. Some Mantras are just for spiritual benefit. There are some Mantras that are specifically meant for some special purposes, and they may be for material gains. Then there are some Mantras that are meant to propitiate the planets and their evil effects.

Lord Krishna said in the great Bhagwat Gita, that He was the Gayatri among all the Mantras. Thus in one line, we know the greatness of this Mantra. There is a story about this Mantra. There was a King who was a disciple of his Guru Vishvamitra. He most devotedly served the saint for many years. One day, sage Vishvamitra told the King that he was very pleased with his devotion, and granted him any boon. The king replied that he wanted to go to heaven, but along with his mortal body. Vishvamitra told the king that it was impossible. But the king did not want anything else, and started to go back disappointed. Then Vishvamitra told him that he would grant him the wish!

But when the Gods came to know of this, there was a great debate, and all the lesser Gods went to Lord Vishnu, who also confirmed that the boon was impossible to grant. Vishvamitra was very angry, and he promised the king that he would fulfill his wish. The sage then meditated at the highest level and formulated a Mantra. This was a great and very powerful shakti Mantra, and he called it the Gayatri Mantra. Vishvamitra then recited the mantra to such an intensity, that he created another Universe, identical to ours, with heaven, and all the hospitality within. He even 'appointed' Gods to 'run' this heaven, and then sent the king there by his sheer sankalpa and spiritual power.

Needless to say, all hell broke loose in the original heaven, and all the smaller Gods went to their chief, Lord Indra, who then led the procession to Lord Vishnu. (Whenever in a jam, ask Vishnu!) Lord Vishnu then made an assessment of the situation, and decided that it was best to make an exception in Vishvamitra's case (Only this one time) and bring the king over to the real heaven, rather than have a parallel heaven.

This story just goes to show the power of Mantras. Devotion, dedication, and steadfastness are the key to success. All Mantras are in Sanskrit language and the pronunciation is of vital importance. They have to be done regularly, without fail. The Mantras have a certain way of saying. Its more like a wave, in rhythm, poetic, and should be done with a meditative mind. They should not be rushed like the E train.

Gayatri Mantra :-

OM BHUR BHUVA SWAHA,
TAT SAVITUR VAREYNIYAM,
BHARGO DEVASYA DHIMAHI,
DHIYO YO NAH PRACHODAYAAT.

Reciting this Mantra everyday, will bless you with health, peace, nullify evils and open up your Chakras to a higher consciousness, thus elevating you spiritually. Everyone must do this Mantra at least 3 times. For the mortal body, for the Astral body and for the

Causal body. This Mantra can take away the darkness of ignorance and enlighten you.

God bless.

Rakesh Kumar.

Chairman.

ISHWAR USA INC.

Rakesh Kumar <rakesh_ishwar@yahoo.com> wrote:

My Dear brothers and sisters,

Just to take a departure from complicated and spiritual vedic astrology, I shall enlighten you some very basic lucky charms that we would all like to use in our lives. As we know, there are 7 cosmic colours, which we see in the rainbow. These cosmic colours are the energy sources, which activate our senses, our mind and body. You all must have read at school that the colours that we see from our naked eyes are not the true colours. The true colours are seen through a prism. The 9 astral gemstones mentioned in the hindu scriptures are energy sources of the cosmic colours. The true colours of the astral gemstones are -

ruby - red
pearl - orange
red coral - yellow
yellow sapphire - sky blue
blue sapphire - violet
emerald - green
diamond - indigo
hessonite- infra red
cats eye - ultra violet

These are the true colours seen through the prism. But people often look for a deep yellow sapphire, thinking that it gives yellow cosmic rays, and ask for deep red Italian coral, thinking it gives red rays, A deep blue sapphire, thinking that it will invite a strong saturn effect, whereas it gives violet rays, and likewise with all other gemstones.

But for the exterior visions, the colours that represents the colours are as such -

Sun and mars - red
Saturn - deep blue/black
venus - silver and white
moon - white
mercury- green
jupiter- yellow.
rahu- dark grey
ketu- brown

But for Gods sake, please dont go too far. Can you imagine yourself in a yellow pants and yellow shirt, and for a more stronger jupiter, a yellow car and a yellow coloured house, You might not find a pair of yellow shoes but yellow socks-yes. I wont go any further, but I hope you get the point.

But at times, you can wear a light yellow shirt, or a sky blue one. One has to first ask some astrologer which is the most benefic planet for him/her and then try to enhance the colours or the numbers attributed to them. You should try not to wear colours for planets that are evil for you, and not associate with the numbers of these planets.

The numbers are as follows -

SUN - 1
MOON - 2
MARS - 9
RAHU - 4
JUPITER - 3
SATURN - 8
MERCURY - 5
VENUS - 6
KETU - 7

Now dont be scared of numbers related to mars and saturn or rahu. They may be great yogkarakas for you (best planets) To give a couple of examples, Neelam Sanveeja Reddy was a saturn man, and he became the president of India. Amitabh Bachchan is a megastar in the Indian cinema, and he too, is a saturn man. George Bush also has saturn in the rising sign which made him the president of united states

So best of luck with your lucky colours and numbers!

God bless.

Dr. Rakesh Kumar
chairman
ISHWAR USA INC

Rakesh Kumar <rakesh_ishwar@yahoo.com> wrote:

Dear brothers and sisters,

Today, I shall tell you about Muhurta. Muhurta is a sanskrit word, which means the most favourable time for any important function or act, which is astrologically harmonious. Since ancient times, the practice of obtaining the right muhurta for all important events in a human life is evident, as seen/read in the scriptures like vedas, mahabharat etc. In fact every aspect of the hindu way of life is governed by astrology.

The factors that are seen are - The weekday, The lunar date, The constellation, The month, and the yoga. There are 27 yogas, of which 9 are bad. The yoga is obtained by adding the longitude of the sun and the moon, which may start from zero degrees to 360 degrees. The lunar dates are seen by the phase of the moon, which is 15 for the waxing moon and 15 for the waning moon. The constellations are 27, and the star transited by the moon is taken into account.

Important decisions of our lives should be taken when the stars are in harmony with you. Then it not only ensures success, but the right muhurat mitigates many evils. Things like marriage, business investment, buying or selling house/properties, buying new vehicles, having major operations and even planning children should be done astrologically.

Of course a person can be going through a very difficult period in life, and at that time electing a good muhurat will not reverse his fortunes, but can minimize the evils. Likewise, if a person is going through a golden streak in life, then success would generally be the outcome, only, one could make it more better.

In todays fast and busy life, it may become difficult to look for good muhurat for everything, but I advise that do take it, when you can. It may save you from some bad losses, disaster and even save your life. (Someone had come to consult me in new york on september 7th 2001, and the lady was looking for a job. I had told her to seek only after a month or so since the stars were bad then. She later told me that she was sitting in a coffee shop on 9/11, near the wtc, at 0830 hrs, where she had to go for an interview, but was considering whether to go or not since I had told her not to go yet. 15 minutes later, all hell broke loose, but her life was saved)

It may not be possible to get the best of muhurat when you need it, but you may get one which is good enough within a few days. At least it will ensure you of no loss or disaster. In vedic astrology, there is a whole chapter written on muhurat.

Nowdays, many pandits (priests) give you any date suitable to you for the muhurat of any important event, but they do not do justice to their work and to the divine science. The greed of money has taken away the human and moral values. You will note that all marriages are only done at nighttime, and no muhurat is seen in the day or afternoon. This is because of ignorance and convenience.

If the science is properly applied in our lives, we can minimize the negative influences and enhance and good results in every aspect of our lives.

God bless.

Dr. Rakesh Kumar(Ph.D)
Chairman
ISHWAR

Rakesh Kumar <rakesh_ishwar@yahoo.com> wrote:

Dear brothers and sisters,

As I had written earlier that there are 12 zodiac signs. There are 27 constellations. Each of these are ruled by some planets. The constellations are called Nakshatras, or the birth stars. The birth stars play a very important role in our destiny. Sometimes, one may have a good planet in a good zodiac sign, but in a bad Nakshatra. Then the good effects of that planet will fail to deliver. The ruler of the Nakshatra and the zodiac sign may be inimical towards each other. I shall tell you about the 27 Nakshatras and their english names. Some of the english names are preceded with algebraical signs like gamma, lambda, alpha if they are named after the zodiac signs. I shall just give the names.

ASHWINI - ARIETIS

BHARINI - 41 ARIETIS

KRITTIKA - ALCYONE

ROHINI - ALDEBARAN

MRIGASIRAS- ORIONIS

ARDRA - BETELGUESE

PUNRVASU- POLLUX

PUSHYA - CANCRI

ASLESHA - HYDRAE

MAGHA - REGULUS

P. PHALGUNI LEONIS

U. PHALGUNI DENEbola

HASTA CORVI

CHITRA SPICA

SWATI ARCTURUS

VISAKHA GENUBI

ANURADHA SCORPII

JYESTA ANTARES

MULA SCORPII

P. ASADA SAGGITARI

U. ASADA SAGGITARI

SRAVANA ALTAIR

DHANISTA DELPHINI

SATABHISHA AQUARII

P. BHADRA MARKAB

U. BHADRA PEGASI

REVATI PISCUM

There is a 28th Nakshatra which lies between Sravana and U. Asada known as ABHIJEET, the english name being -

VEGA, the brightest star of all. Lord Krishna said in the Bhagavat Gita, that He was the Abhijeet among the Nakshatras, meaning, the brightest, and the one which is not counted for human horoscope calculations.

God bless.

Rakesh Kumar
chairman

Rakesh Kumar <rakesh_ishwar@yahoo.com> wrote:

Dear brothers and sisters,

In hindu vedic astrology, there is a major ruling period of one planet, the sub period of another planet, and the inter sub period of a third planet. These are called the mahadasa, the antardasa and the pratyantar dasa. All these ruling planets have some say or the other in a person's life. Generally, the major ruling planet governs the avenues it rules by lordship as per the individual horoscope. The major ruling period of each of the planets are as follows.

SUN - 6 years, MOON- 10 years, MARS- 7 years, RAHU- 18 years, JUPITER- 16 years, SATURN- 19 years, MERCURY- 17 years, KETU- 7 years and VENUS- 20 years.

There is a mathematical calculation of the sub period and the inter sub period of the other planets, which is calculated on a ratio basis, thus it is variable. For example, the sub period of saturn in the major period of mercury will be 3 months and days, whereas the subperiod of saturn in the major period of sun will be 11 months and days. Similarly, the inter sub period of the planets will also be variable.

Whenever a person is born the the number of degree elapsed by the moon at the time of birth, and the constellation it is placed in, is calculated, and the balance of dasa is calculated. Thus each person is born under the influence of a major ruling planet, the sub period of another planet and the inetrsub period of a third planet. Therefore two persons born on the same day, within minutes of each other can be under different planetary influences, as I have observed in cases of some twins.

Sometimes, the sub period of a benefic planet can overcome the negative effects of an evil planet, which is governing the major period. Some favourable transits can also superimpose upon the ruling period of a major planet. The final resultant influence therefore, can be tricky, and many astrologers can go wrong in predictions. There are many other things to see, like the planetary strength, which is seen in a system called Astakavarga. There are 16 divisional charts to see in each horoscope called the Shodashvarga. In spite of a planet appearing to be strong in the basic chart, if it is weak in Shodashvarga charts, and has very less "bindus" (marks) in the Astakavarga, then it will be fruitless, and give no benefic result, even in its major period ruling. Thus hindu vedic astrology is very very deep, and the complete understanding takes a lifetime!

God bless.

Rakesh
chairman.

Rakesh Kumar <rakesh_ishwar@yahoo.com> wrote:

Dear brothers and sisters,

I am getting a lot of e mails from many people in New York, asking me when I would be coming and when the Center would start. I would like to inform you all, that God willing, I should hopefully be coming in April to New York. My objective is also to start the center functions and activities in full swing. I need all your support for this. Thanks.

VEGETARIANISM.

God made the entire creation as we all know. But we have forgotten the rules of nature and creation. There are certain do's and don'ts mentioned in the shastras (scriptures) The food that we eat is of prime importance. Food is the source of our energy. Both physical, and mental. We humans are herbivorous by nature as we do not have the canine teeth, as the meat eating animals do. Thus God made fruits and vegetables for us to eat. But man today eats everything. You name it- fish, goat, cows, sheep, chickens, frogs, snakes, and even monkeys and dogs in some countries! This kind of food is really a degenerated form of diet for us humans. The fuel is just not right. These kinds of foods are an extension of the man's mad fantasies. Just like man first started smoking cigarettes, then hashish, marijuana, brown sugar, smack etc etc.

Spiritually, non vegetarian food is definitely bad for us. The tendencies that we develop is partly due to the food habits. Thus, in a way, we become what we eat! Medical science has also said that non vegetarians are more likely to have cardiac problems, they are more likely to have high cholesterol and many other diseases. They also live a shorter life than vegetarians. The Hindu scriptures say that since animals are slaughtered for our food, which are sense oriented, therefore it is a sin to eat such foods.

We pray to God to thank Him for the food that He gave us, and to bless it. But how can God bless the food which is got by slaughtering other beings. Vegetables and fruits have tremendous amounts of proteins and vitamins. We do not need eggs and meat to grow. We need to be pure in thoughts, righteous in actions, good in character, kind in words and have love in the heart. All to do with purity. Thus it follows that every aspect of our lives should be right and pure. The Satva Guna, as it is called. It is only from Satva Guna, that one can achieve Satya Gyana. The foods are categorized in three qualities. Satvik, Rajasik, and Tamasik. The Satvik food is the pure vegetarian food, which is not rich, and in moderation. This is best for humans. The next is the Rajasik. This kind of food may be vegetarian, but rich, or excess in some forms or tastes. This makes one lazy, and disease invade the body. The worst kind is Tamasik. This is said to be the foods of the Rakshasas, or demons. This is mostly Non vegetarian, and liquor. This food is said to be evil, as it drives man into the darkness of Maya, and man meets his peril in many ways. This also promotes the negative sides of the man like- anger, greed, lust, ego and desire. These 5 material senses are the principle cause of disaster for man.

Therefore, we must all have the right kind of foods, to live healthy, live long and live right.

God bless.

Rakesh Kumar
chairman.

Rakesh Kumar <rakesh_ishwar@yahoo.com> wrote:

My Dear brothers and sisters,

Here are a few facts about the great country -INDIA.

- India has never invaded any country in the last 10,000 years.
- India invented the number system. Aryabhata, the ancient Indian mathematician invented the zero.
- The world's first university of Nalanda was built in the 4th century B.C. where more than 60 subjects were taught. It was one of the greatest achievements of ancient India.
- Sanskrit is the mother of all languages. Sanskrit is the most suitable language for the computer software, as per Forbes magazine, July 1987.
- Ayurveda is the oldest school of medicine. Saint Charaka the father of medicine established Ayurveda 2500 years ago.

- India was the richest country in the world, until the British invasion in the 17th century.
- The art of navigation was born in Sindh river 6000years ago. The word Navigation came from the sanskrit word - Navagati. The word Navy was also derived from the sanskrit word Nav, meaning - boat.
- Astronaut Bhaskaracharya calculated the time taken by the earth to orbit the sun hundreds of years ago before astronaut Smart. The precession of the equinoxes was calculated by hindu astrologers 5000 years ago.
- Indian scientist Jagdish chandra Bose invented the radio. Marconi, took the credit for it as Bose did not have the funds to promote his invention.
- All the holistic healing sciences originated from India more than 5000 years ago. All spiritual masters were from India. Jesus also came to India and spent many years with enlightened saints. There is substantial evidence to prove it. He was called Masiha.All the Avatars were born in India. India has the greatest spiritual heritage.
- The first civilization known to man is the Indus valley civilization which was established on the banks of river Indus, in India. Origin of humanity, civilization, science and spiritualism is from India. In time to come, India will again be the leader of the world.

God bless.

Rakesh Kumar

chairman.

Kamal Singh <singh_kamal@yahoo.com> wrote:

Happy New Year to everyone!!

Now that we are back from the holidays, it is important to regroup and channel our energies towards the cause that brought all of us together under the ISHWAR umbrella. Lets cherish this opportunity and set goals for ourselves towards fulfilling the objectives for our Organization.

Well, Ladies and Gentlemen, I would like to request everyone to respond to my request for a meeting to be arranged sometime in Feb. The proposed dates are as follows:

Feb. 14th, 21st or 28th at place you may suggest. My proposal is 172 Deer Run, Watchung, NJ where we met last time.

Some of the items we would like to discuss as part of the agenda are as follows:

1. We have had our honeymoon period with ISHWAR, lets start making a business plan that Rakesh helped build and execute. Meaning, start putting a timeline around these items.
2. We applied for the 501(c)(3) status through a lawyer and need to follow up and follow through. I am hoping that by the time we have this meeting, I will have a good positive story to share with you all.
3. Website for ISHWAR. I will show you some

designs and we will make our decision based upon that. I will also share this information over e-mail with Mr. Rakesh Kumar.

4. R1 visa for Mr. Rakesh Kumar - to be applied through a lawyer. We shall discuss the details when we meet.
5. I have seen a lot of good e-mails from Mr. Rakesh Kumar, I wanted to get some opinion from the board members whether to start a newsletter or web-based service to deliver this information.

I encourage each one of you to please respond to this note and let me know your thoughts.

Thankyou.
-Kamal Singh

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- . To visit your group on the web, go to:
<http://groups.yahoo.com/group/ishwar/>
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